

JUNIOR

2ND DEGREE TO 1ST DEGREE BROWN BELT

SPARRING CLASS

1. _____

2. _____

3. _____

COMBINATIONS:

17A
□ □ □ □

COMBINATIONS:

17B
□ □ □ □

COMBINATIONS:

18
□ □ □ □

KEMPOS

Snake
□ □ □ □

KEMPOS

Five Animals
□ □ □ □

JIU-JITSUS:

Grab and Punch
□ □ □ □

JIU-JITSUS:

Push
□ □ □ □

DISARMS:

Slashing #1
□ □ □ □

DISARMS:

Slashing #2
□ □ □ □

DISARMS:

Static #1
□ □ □ □

FORMS:

Three Pinon
Part 1
□ □ □ □

FORMS:

Three Pinon
Part 2
□ □ □ □

FORMS:

Three Pinon
□ □ □ □